



B-12 INJECTIONS

About

B-12 is a small part of a larger B vitamin complex that is naturally occurring in animal products. It is important in the health of nerve and blood cells, birth DNA, and brain function.

Deficiency

Common signs of a lack of B-12 in the diet include fatigue, memory problems, light-headedness, constipation or disaster pants.

We offer a methylated form of B-12 for patients who are unable to efficiently absorb the vitamin due to gastrointestinal disorders. If you are unsure if the methylated B-12 injection is right for you, please ask one of our doctors. We have a test available to determine which option is best for your needs.

Who Should Use It?

Anyone can benefit from using B-12 but there are those who should seriously consider taking advantage of this service. This would include:

- Elderly- As our body's age, we become less efficient at absorbing necessary nutrients and become susceptible to deficiency.
- Vegetarians or Vegans- Since B-12 is naturally found only in animal product, those who follow these types of diets may want to supplement.
- Gut Issues- Those who have MTHFR, Crohn's or Celiac disease can be inhibited in their absorption of nutrients from food.

Please contact our front desk to take advantage of this service and ask about our package deals